

Therapeutic Music Experience
We're Going to Someplace New
Mary Jane Landaker, MME, MT-BC

Purpose: To provide cue for transition from one location to different location;
entrainment

Source: Original song. © 10-26-2010 by Mary Jane Landaker, MME, MT-BC

Materials: None; OPTIONAL: guitar or percussion instrument to assist with entrainment

Environment: Transition from one location to a different location

Song/Chant/Words: [We're Going to Someplace New.pdf](#)

6/8 time

I IV I IV
We're going to someplace new. We're going to someplace new. We're walking,
S M M M S L M D D D D L S S L D

I V7 I
walking out the door, We're going to someplace new.
T S L S M S M M M S S D

Additional Verses: Adjust words to indicate where clients are going. For example:
We're going to Room 8, ... We're walking, walking down the hall, We're going
to Room 8.

Procedure: R = Reinforcement opportunities; C = Redirection/Cue opportunities; A
= Assessment

1. C=start singing song, offering model to clients of standing up and moving towards the door.
2. R=reinforce the clients who follow the therapist and the lyrics
3. C=offer additional cues to clients, embedding the cues into the song, changing the lyrics as needed
4. Repeat singing, changing lyrics to illustrate what the clients are doing during the transition.

Therapeutic Function of Music: The music provides the format for clients to hear cues as well as complete the potentially difficult task of transition from one activity or location to another. The continuation of the musical stimulus assists clients in moving from the music therapy site to a different site. The music continues throughout the transition, offering a consistent moving element, assisting clients in coordinating motor systems to accomplish the movement. The lyrics offer specific instructions as well as a priming mechanism to alert the client to the next location.

Adaptations:

- Use within the session to indicate transitions between session elements

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- Use with body percussion rather than instrument

Extensions:

- Illustrate all happenings during the session.