### Composition and Creativity: Making the Most of Out of Every Therapy Material: Session Themes

### YouTube Video Link (if not able to access the video through the website): <https://youtu.be/A6ePaTFW-5c>

For this course module, you will need the following materials:

* Computer with Internet access
* Printer and paper
* Pen/Pencil
* Songbooks, music sources, poetry books, etc.
* OPTIONAL (if inspiration strikes):
	+ Staff paper or Music writing software
	+ Accompanying instrument
	+ Access to resources – song books, clip art, visual aids, etc.

Learning Objectives:

1. **Participants will complete demonstration elements (including, but not limited to: theoretical worksheets, therapeutic music experience composition, songwriting, decision trees, and visual aid development) based on concepts of composition and creativity covered by each course module (CBMT Board Certification Domains: I.D.6; I. D. 9; I.D.10; IV.A.6)**
2. Participant will complete two themed session strategy plans demonstrating creative thought process and knowledge of client preferences and interests (CBMT Board Certification Domains: I.D.5; I.D.9; I.D.10; I.D.12; I.D.15; II.A.2; II.A.5)

Course Outline:

Introduction and materials – 00:00-00:05

Review of Concept – 00:05-00:10

Session Theme Explanation – 00:10-00:20

Completion of Demonstration Element – 00:20-00:40

Conclusion, additional examples, and submission of demonstration element – 00:40-00:50

Composition and Creativity: Making the Most Out of Every Material: Session Theme Worksheet

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| Theme One: Group of six clients. Age of clients, more specific clinical objectives, and other details are up to you! |
| Therapeutic Goals: increasing upper extremity range of motion; initiating physical response to musical stimuli; increasing social interactions |
| Session duration: 60 minutes.  |
| Age of Clients: Click or tap here to enter text. |
| Therapeutic Music Experiences (minimum of five TMEs for session strategy): (Include brief description of what clients will do during the TME including music, and how clients will be interacting with the music to move towards their individual goals) |
| Therapeutic Theme:  |
| Click or tap here to enter text. |
| Click or tap here to enter text. |
| Click or tap here to enter text. |
| Click or tap here to enter text. |
| Click or tap here to enter text. |

List of Materials Needed for Session Implementation:

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| Client Description: Click or tap here to enter text. |
| Therapeutic Goals: Click or tap here to enter text. |
| Session duration: 60 minutes.  |
| Age of Clients: Click or tap here to enter text. |
| Therapeutic Music Experiences (minimum of five TMEs for session strategy): (Include brief description of what clients will do during the TME including music, and how clients will be interacting with the music to move towards their individual goals) |
| Therapeutic Theme:  |
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